

Dr. Edmund Chein, M.D., author of Age Reversal, Bio-Identical Hormones and Telomerase, and Living to 120 and Beyond, has appeared on various radio and television shows such as:

Trinity Broadcasting Network (TBN)

The Montel Williams Show

The Bryant Gumbel Show

CBS News with Dan Rather

PBS Report

KESQ TV (ABC) News Special

CBS San Diego

Granada TV (UK)

France TV I

ARD TV (Germany)

SBS TV (Korea)

Tokyo Broadcasting Co. (Japan)

ZDF German Public Television

R.A.I., Radio & Television Italiana

GMTV London, British Television

CAPRA TV Paris, French Television

Italian Swiss Television

BBC TV (UK)

Ca Se Discute (France)

France TV 2

Radio Switzerland (TV)

KBS TV (Korea)

Dr. Chein is a practicing physician in Palm Springs, California who is regarded by many as one of the founding fathers of longevity and anti-aging medicine.

His method of “life extension” was recently validated by achieving a biological age of 34 as measured by telomere length in the DNA at the calendar age of 61. His patients, who had followed him since 1994, achieved similar results.

He is offering a cash reward of \$25,000 to the public for anyone who can show a difference of greater than 27 years between the person’s biological age and calendar age.

Dr. Chein was trained at the University of Southern California Medical Center in Rehabilitation Medicine – a specialty focused on restoring function to disabled patients. Now, Dr. Chein has narrowed his specialty to rehabilitating those suffering from the disease of “aging.” He considers aging to be a disease because aging, like any other disease, ultimately leads to death.

Dr. Chein learned the importance of hormone balancing during the years he replaced hormones in patients with damaged glands. In the early 1990s, he researched and discovered the miraculous benefits of the total hormone balancing treatment. His study with Dr. Cass Terry of the Medical College of Wisconsin showed that by replacing and balancing all the hormones in one’s body, a person can improve and normalize the body’s systems and functions that deteriorate with age. This results in REVERSING one’s biological age and eliminating age-related diseases such as elevated cholesterol, increased body fat, decreased energy and stamina, decreased immunity, decreased sexual functions, and wrinkling of skin. Together, they completed the largest study to date (of 1,000 human subjects) on supplementing growth hormone and other hormones to achieve reversal of biological age.

Dr. Chein was the first physician in the United States to discover and patent total hormone balancing therapy. He was also the first physician to supplement and optimize human growth hormone in

adults in a private practice. In addition, Dr. Chein was the first physician to advocate supplementing thymus hormone and pregnenolone hormone.

Dr. Chein's work has been discussed in *Newsweek*, *Health and Medicine for Physicians*, *Ability*, *Cosmopolitan*, and *Life Extension Magazine*, to name a few.

In 1994, Dr. Chein founded the Palm Springs Life Extension Institute. The Institute is visited by hundreds of new patients from all over the world, and has the largest clinical client base in hormone replacement therapy. In 1996, he founded the American Academy of Longevity Medicine for physicians and scientists to pursue and exchange ideas regarding this new specialty.

In 2010, Dr. Chein founded the Autologous Stem Cell Therapy Institute. Autologous Stem Cell Therapy uses peripheral-blood-derived and adipose-tissue-derived autologous stem cells to regenerate damaged joints (such as torn menisci) and damaged organs such as the lungs (emphysema) and the brain (stroke).

He has been granted three patents by the United States Patent and Trademark Office for his discoveries in Total Hormone Replacement Therapy, Method of Hormone Treatment for Patients with Multiple Sclerosis, and Reversal of Coronary Blockages.

His publications include "Clinical Experience Using a Low-Dose, High-Frequency Human Growth Hormone Treatment Regimen," *Journal of Advancement in Medicine*, December 1999, and "Retrospective Analysis of the Effects of Low-Dose, High-Frequency Human Growth Hormone Treatment on Serum Lipids and Prostate-Specific Antigen," *American Journal of Aging*, May 2001.

In addition to his medical degree, Dr. Chein has a Bachelor of Arts degree in Psychology from the University of Southern California and a Juris Doctor degree from Southwestern University School of Law.

Dr. Chein has written three books:

Age Reversal (1997)

Bio-Identical Hormones and Telomerase (2011)

Living to 120 and Beyond (2013)